



294 High Street, Orpington, BR6 0NF

☎01689 60 1429

bookings@masaladabbas.co.uk

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TAKEAWAY MENU

STARTERS - VEGETARIAN

Papad Basket GF 3.75

THE CHAAT CORNER

Spice Market Punjabi Samosa Chaat (2 Pc)
Favourite Indian street food, served on crushed chickpeas, tangy chutneys and yoghurt, with special MD spices 6.95

Aloo Tikki Chaat GF (2Pc)
Popular Indian Street Food, Potato Patties served on Spiced Chickpeas, tangy chutneys and yoghurt 6.95

Chana Papdi Chaat
Crispy wheat fritters served with spiced chickpeas, diced potatoes, tangy chutneys and yoghurt 6.95

HOT STARTERS

Gongura (Sorrell) Paneer Sula GF
Sorrell stuffed Paneer with Peppers and Onions marinated in garlic, yoghurt, pickle and a blend of spices 9.45

Beetroot Cutlet DF (1Pc)
Grated beetroot and vegetables, mint, flavorful blend of spices served with smoked beetroot yoghurt. 6.45

Sambar Vada GF V (2Pc)
Savoury fried lentil dumplings served in Sambar 6.95/7.25**

Idli Sambar GF V. (2Pc)
Steamed Rice Cakes served in Sambar 6.95/7.25**

Veg Manchurian V
Assorted vegetable balls tossed with onion, chili, garlic and soybean sauce 6.45

Country Curly Kale & Onion Pakora V (2Pcs)
The True Onion Bhaji, The Indian way 6.95

**** IF SAMBAR PACKED SEPARATELY**

STARTERS - POULTRY, MEAT AND SEA FOOD

Mirchi Chicken GF DF
Strips of fried chicken thigh tossed with chilli, garlic, mixed peppers and onions 7.95

Lime & Lemon Chicken Shashlik GF
Diced chicken breast marinated with lime leaf with lemon grass and tandoori spices with peppers & onion 7.95

Chicken Tikka GF
Pieces of Chicken thigh marinated in a special spice blend and cooked in the Tandoor 7.95

Chicken Malai Tikka GF
Morsels of Chicken Breast marinated in cream cheese, cooked in the tandoor 7.95

Masala Lamb Seekh GF
Rustic minced lamb marinated with special MD spices 8.45

Koliwada Prawns GF DF
Mumbai style crispy fried King Prawns 8.95

Premium Kashmiri Lamb Chops GF 1 / 2 Pcs
Tender lamb chops marinated with Kashmiri chilli, ginger & spices served with chilli mint chutney 9.45 / 15.95

Amritsari Fish Gujons GF
Crispy fried Tilapia with Carom & Coriander seeds 6.95

Dishes may contain or have been in contact with nuts. We also can serve vegan. Most of the dishes can be served mild or hot. Please let a member of staff know of any allergies or dietary requirements. GF - Gluten Free DF - Dairy Free V - Vegan N - Contains Nuts GM – Genetically Modified S – Sesame M - Mustard



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MAINS – VEGETARIAN

Hyderabadi Baingan Mirchi ka Saalan GF V N S
Spiced Aubergine cooked in a **sesame, peanut**, tamarind and coconut milk sauce with a blend of spices 9.95

Paneer Broccoli Cauliflower Shahi Lababdar
Chargrilled paneer, broccoli & cauliflower served in a Lababdar sauce 9.95

Vankaya Pulusu kooru (Tamarind aubergine) GF V
Diced Aubergine cooked in a chillies, tamarind and jaggery sauce with a blend of spices 9.95

Haveli Kofta GF N
Assorted mixed vegetables dumplings with MD spices served in a rich North Indian style sauce 9.95

Ava Petti Panasa Kura GF V M
Andhra style green jackfruit curry seasoned with mustard 9.95

Bhindi Do Pyaaza GF V
Okra and Onions stir fried with MD spices 9.95

Subzi Miloni GF (V)
Fresh assorted seasonal vegetables & Spinach cooked with MD spices 9.95

Panchmirch Paneer GF
Diced cottage cheese, peppers and onions tossed in a blend of spices and chilli powder 9.95

Paneer Lababdar GF N
Diced cottage Cheese cooked in tomato, onion, ginger, butter, cashew with a special mix of MD spices, with fresh cream 9.95

Palak Paneer GF
Cottage cheese and spinach cooked with MD spices, tomatoes and onions 9.95

Punjabi Chole GF V
Chickpeas cooked in a thick, typical Punjabi sauce of dry mango powder and chillies 8.95

Rajasthani Panchmel Dal GF V
Traditional Rajasthani delicacy – a delicious and nutritious fusion of 5 different types of lentils, tempered with garlic oil 8.95

Dal Bukhara GF
Thick black lentil, flavoured with tomato, ginger, whole spices and cream, simmered for hours on a low flame 9.95

Sambar GF V
Mixed lentil and vegetable stew with tamarind 9.95

Aloo & Saag GF (V)
Potatoes cooked in Spinach with a blend of spices 8.95

Hing Jeera Ka Aloo GF (V)
Potatoes cooked with asafoetida, cumin and a blend of MD spices 8.95

MAINS - POULTRY, MEAT AND SEAFOOD

Malabar Pepper Chicken GF
Chicken thighs cooked in a spicy black pepper, onion, cardamom and coconut sauce 12.25

Dill and Spinach Chicken GF
Chicken breast cooked with creamed spinach and dill 12.25

Kozhi Malliarachi GF DF
Kerala Syrian Christian style chicken cooked in a blend of MD spices, coriander, mint and coconut 12.25

Butter Chicken GF N
Tandoori Chicken Tikka simmered in a tomato & butter sauce laced with cream 12.25

Railway Lamb Rogan Josh GF
Tender pieces of lamb cooked with Caramelised Onions, tomato & finished with Kashmiri red chillies 12.95

Lamb Xacutti GF
Lamb cooked in a Goan style sauce of red chilli, poppy seeds, tamarind, coconut milk and aniseeds 12.95

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Methi Ghosht GF

Lamb cooked in a Fenugreek sauce. 12.95

Maacher Jhol GF M

A traditional Bengali and Odiya spicy fish (Tilapia) in Tamarind, lemon. Mustard powder & coconut milk stew seasoned with

turmeric, garlic, onions, grated ginger and seasoned with Mustard Oil 11.95

Jhinga Kalimirch (King Prawns)

King Prawns tossed with peppers and crushed black pepper GF DF 13.45

FOR THE DIEHARD BRITISH CURRY FANS

Chicken Korma GF N 12.25

King Prawn Korma GF N 13.45

Chicken Dhansak GF DF 12.25

Chicken Jalfrezi GF 12.25

Chicken Tikka Masala GF N 12.25

Lamb Korma GF N 12.95

Lamb Dhansak GF DF 12.95

King Prawn Dhansak GF (DF) 13.45

Lamb Jalfrezi GF 12.95

King Prawn Jalfrezi GF 13.45

FROM THE TANDOOR & GRILL

Punjabi Premium Lamb Chops GF 3 Pcs

Served with cumin garlic potatoes, 21.95

Saufiyani Salmon GF 3 Pcs

Scottish Salmon, flavoured with a blend of royal cumin, dill and yoghurt 16.45

Dak Bangla Murgi Roast – Half / Full

Spiced roast chicken on the bone, grilled onion, tomatoes. 11.95 / 17.95

Chicken Tikka Main

Pieces of Chicken thigh marinated in a special spice blend and cooked in the Tandoor. 14.95

Lime & Lemon Chicken Shaslik Main

Pieces of Chicken breast and Vegetables marinated in a lime leaf. Lemon grass and special spice blend 14.95

MD Tandoori Meat Platter GF

Chicken Tikka, Lime 'n lemon Chicken, Lamb Seekh, 2 pcs each 14.95

BIRYANIS & RICE

Vegetable Biryani GF

Long grained Basmati rice layered and cooked with a mix of seasonal vegetables with aromatic spices. Served with Raita 10.95

Kathal Makhana Biryani GF

Long grained Basmati rice layered and cooked with green jackfruit & Lotus seeds with aromatic spices. Served with Raita 10.95

Tawa Chicken Biryani GF

Long grained Basmati rice layered and cooked with chicken pieces with aromatic spices, served with Raita 13.25

Hyderabadi Lamb Biryani GF

Long grained Basmati rice layered and cooked with lamb pieces with aromatic spices, served with Raita 13.95

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Zafrani Cumin Pulao GF

Basmati rice cooked with aromatic spices, cumin and saffron
3.95

Saada Chawal GF DF

Steamed Basmati rice 3.50

Tamarind Rice GF DF

Steamed rice mixed with tamarind sauce tempered with mustard, asafoetida, curry leaves, and peanuts 4.50

INDIAN BREADS

Tandoori Roti v

Wholemeal flat bread 2.95

Sweet Naan

Leavened flat bread stuffed with coconut and almond 4.50

Plain Naan / Butter / Garlic / Chilli Garlic

Leavened flat bread 2.95 / 3.25 / 3.50 / 3.50

Missi Roti GF V

Bread made with a mix of spiced chickpea flour and cornflour
4.25

Aloo / Keema / Cheese stuffed Kulcha

Stuffed Flat bread 3.75 / 4.70 / 4.25

Laccha Paratha

Special layered bread made with refined flour 4.25

ACCOMPANIMENTS

Selection of Chutneys GF 1.65

Punjabi Style Mixed Green Salad GF V 3.65

Pot of Chutney 1.00

Raita GF 2.95

Onion Laccha, Lime, Chillies GF V 2.25

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ALL ITEMS ON THIS PAGE AVAILABLE at LUNCH ONLY

MASALA DOSA GF V

Rice and Lentil pancake stuffed with spiced and tempered potato mash, served with Coconut chutney and Sambar 7.95

IDLI SAMBAR GF V

2 Steamed Rice and Lentil cakes served in Sambar 6.95 (7.25 if Sambar Packed separately)

VADA SAMBAR GF V

2 Savoury fried lentil dumplings served in Sambar 6.95 (7.25 if Sambar packed separately)

CHOLE BHATURE V

Curried Chickpeas and Fried Flat Bread 7.50

EXTRA BHATURA 4.25; EXTRA ONION, LIME, CHILLIES 2.25

EXTRA SAMBAR – 2.25; EXTRA CHUTNEY – 1.25

MASALA DABBAS THALI for ONE

The Indian style Set lunch – a starter, mains, a vegetable, dal, naan and rice, a complete meal in a plate for one person (FOR Gluten Free and Dairy Free Options, please discuss with the Waiter)

MD Vegetarian Thali 17.45

VEG MANCHURIAN
PANCHMIRCH PANEER
MAKAI PALAK
TADKA DAL
BUTTER NAAN
ZAFRANI PULAO
GULAB JAMOON

MD Chicken Thali 17.95

MALAI CHICKEN
BUTTER CHICKEN
MAKAI PALAK
TADKA DAL
BUTTER NAAN
ZAFRANI PULAO
GULAB JAMOON

MD Vegan Thali 16.95

VEG MANCHURIAN
BHINDI DO PYAZA
MAKAI PALAK
TADKA DAL
TANDOORI ROTI
SAADA CHAWAL

MD Lamb Thali 18.95

SEEKH KABAB
LABB ROGAN JOSH
MAKAI PALAK
TADKA DAL
BUTTER NAAN
ZAFRANI PULAO
GULAB JAMOON

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DESSERTS

MATKA KULFI

Traditional Indian Ice Cream from the Northern Parts of India 6.95

GAJRELA

A rich Indian Carrot pudding – an all-time favourite 5.95

GULAB JAMUN

Soft milk dough balls 5.95

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